

# EXPLORE

*Caithness and Sutherland*

## HOW TO ENJOY OUR REGION LIKE A LOCAL WOULD...



### Go off the beaten track

Explore the areas of our region less visited for a greater and more immersive experience whilst also helping relieve hotspot areas



### Travel out of season

Travelling in the quieter months of the year doesn't only let you explore without the crowds, it also helps our businesses stay open year-round!



### Use Sustainable Transport

Whether cycling, walking, or hopping on a train or bus, using sustainable transport options helps keep your carbon footprint low



### Shop, eat, stay local

This one's a given! When experiencing our incredible landscapes don't forget to support the businesses and communities who live here too!



### Follow responsible itineraries

Why not check out our website for some inspiring itineraries to help you explore responsibly!



### Stay and explore for longer

There is so much here to explore, so slow down and take your time taking in the views, history, and culture of Caithness and Sutherland!



### Respect, Protect, and Enjoy!

